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| FRIDAY JUNE 12: 9 am – 16:30 | |
| Advances and challenges in working with Complex Trauma, Dissociation and Personality Disorder: * (Intermediate & Advanced experience level) | |
| NAME, TITLE | Joan Farrell, PhD, Ida Shaw, MA |
| Country | United States |
| AFFILIATION | Indiana University-Purdue University Indianapolis, Schema therapy Institute Midwest – Indianapolis Center for BPD Treatment & Research, IU School Med. |
| 1-2 MAIN PUBLICATIONS, BOOKS | <i>Group Schema Therapy for BPD</i> , Wiley-Blackwell, 2012; <i>The Schema Therapy Clinician’s Guide</i> , Wiley-Blackwell, 2014; |
| SHORT DESCRIPTION OF YOUR WORKSHOP | This workshop focuses on ST interventions for the challenges these clients present and the schema activation and mode triggering therapists encounter in working with them. Creative adaptations of imagery rescripting and the development of the client’s “Good Parent” (part of the Healthy Adult mode) will be major foci. Techniques to deal with flashbacks, avoidance, detachment and dissociation are addressed – both in the session and plans for clients to use outside of therapy. The workshop will include case examples of clients who were successfully treated with schema therapy. The training will incorporate didactic sections, demonstrations by trainers in which the workshop participants play a group of clients, and opportunities for participants to practice these interventions with coaching and feedback. |
| TRAINING METHOD | Demonstration, Role-play practice, didactic |
| Notes to PARTICIPANTS | This workshop is appropriate for intermediate and advanced level participants. Participation will count for 4 hours of individual ST certification credit and 2 hours of Group ST certification credit from STIM-Indpls, an ISST approved certification training program in individual and group ST. Joan Farrell, Ph.D. and Ida, Shaw, MA are directors of the Schema Therapy Institute Midwest – Indianapolis and the Center for BPD Treatment & Research, Indiana University School of Medicine-Eskenazi Health. Dr. Farrell is an adjunct professor in clinical psychology IUPUI and Ida was a Research Associate there. They are two of the developers of Group Schema therapy, who have worked together as trainers, clinicians and researchers for 30 years. They are currently at work on <i>Learning Schema Therapy from the Inside-Out</i> , Guilford, to be released late 2015. They are recognized internationally as expert and enthusiastic trainers, noted for their creativity and “thinking outside the box” while staying true to the integrity of the ST theoretical model. |