

ISST SUMMER SCHOOL PRESENTER INFO	
NAME, TITLE	Maria Galimzyanova, PhD; Christof Loose; PhD;
Country	MG: Russia CL: Germany
AFFILIATION (UNIV, INSTITUTE, ETC)	MG: Saint-Petersburg State University, Association of psychotherapists "Anima" CL: Institute of Experimental Psychology Dept. Clinical Psychology Heinrich-Heine-University of Dusseldorf, Germany
1-2 MAIN PUBLICATIONS, BOOKS	Loose, Graaf & Zarbock (2013). Schematherapie mit Kindern und Jugendlichen. Weinheim: Beltz Galimzyanova M.V., Kasyanik P.M., Romanova E.V., The effectiveness of a schema-focused approach in managing work stress// Materials of 10th Conference of European Academy of Occupational Health Psychology 11-13 April 2014 ETH London, Great Britain – International House, Jubilee campus, Wollaton Rd, Nottingham, 2014- p.205-206 Субъективные переживания детства и Я-концепция взрослого// – диссертация на соискание ученой степени канд. психол. наук – СПбГУ, 2006
SHORT DESCRIPTION OF YOUR WORKSHOP (A PARAGRAPH)	In this workshop, first the schema therapeutic conceptual model (schemas, modes, coping strategies) and the underlying theory, are briefly outlined. Related to the children's age, one of the 18 schemas defined by J.Young is described with their typical child and adolescent cognitions, coping strategies, and parental characteristics. Other topics include the multimodal diagnostic techniques (therapeutic relationship, psychoeducation and empathic confrontation. Another focus is laid on working with drawings, mode-based play therapy, storytelling and fairytale therapy techniques, working with finger puppets and marionettes, sand-play, metaphors, chair work, imagery, "Inner House", the use of flash cards. Also we'll focus on the work with parents in terms of "Schema Coaching". The participants will have a chance to play and enjoy themselves, experiencing the techniques and participating in different exercises used in ST-CA.
TRAINING METHOD	didactic, and dyadic
Anything else- YOU WANT PARTICIPANTS TO KNOW OR BRING WITH THEM	All levels of experience are welcome