

Additional ISST regulations to cater for National or Regional Special Interest Groups, Branches or ISST affiliated Societies

Approved by the Executive Board on 3rd April 2018

National or Regional Branches or Societies

1. A group of ISST members resident or working in a defined geographical region, who wish to promote and co-ordinate activities relevant to training and development of schema therapy within their country or region, within the framework for schema therapy and training approved by the ISST, can choose between three structural formats as defined below: National or Regional Special Interest Group (SIG) (see 3.1); National or Regional Branch of the ISST (see 3.2); National or Regional Society affiliated to the ISST (see 3.3).
2. Eligibility for membership of a National or Regional SIG or Branch, or a National or Regional Society affiliated with the ISST must be clearly specified in terms of such criteria as being a resident of the country or region or having previously been a resident of the country or region, and membership must be open to all ISST members who are eligible.
3. A National or Regional SIG or Branch, or a National or Regional Society affiliated with the ISST, is entitled to a page or pages on the ISST website to advertise and promote its existence and activities.
4. A National or Regional SIG, or Branch or Society affiliated with the ISST must submit a brief report of its activities annually to be posted on the relevant page on the ISST website.

4.1. A National or Regional Special Interest Group (SIG)

- 4.1.1. A National or Regional Special Interest Group (SIG) s run according to the procedures set out for ISST SIGS (stated elsewhere). This means a) it will have a page or pages in the SIG section of the website, b) it must have a Chairperson/Convenor who takes responsibility for leading and organizing its activities, c) it must meet regularly (this can be online), d) it does not have a separate budget or engage in any financial activity.
- 4.1.2. The formation of a National or Regional Special Interest Group (SIG) must be approved by the Executive Board.

4.2. A National or Regional Branch of the ISST

- 4.2.1. A National or Regional Branch of the ISST must have a constitution that includes:
 - 4.2.1.1. The establishment of an Executive Committee consisting of a Chairperson, and Secretary and such additional members as the Branch may determine
 - 4.2.1.2. The name of the branch which could be the "X Branch of the ISST" or another name such as "Schema Therapy Association of X" or "X Schema Therapy Association," in which case it should end with the phrase, "a Branch of the ISST."
 - 4.2.1.3. a statement of aims that includes the following: a) the promotion of the schema therapy approach to case conceptualization and treatment, as defined from time to time by the ISST, b) the promotion of training in schema therapy according to ISST guidelines, including supervision, presentation of training workshops, basic and advanced, c) the promotion of networking between branch members within the country or region, and d) the encouragement of members to join the ISST.

- 4.2.1.4. A statement of support for the processes and criteria for certification laid down by the ISST and an undertaking not to offer any training or certification procedures that conflict with those of the ISST.
- 4.2.2. The Branch must normally have at least 10 full ISST members.
- 4.2.3. The Branch may have its own logo, but it is entitled to use the ISST logo in any setting where it is stated that it is a branch of the ISST.
- 4.2.4. The Branch may receive funds from the ISST to support its activities provided that the Executive Committee includes a competent Treasurer who must submit appropriate financial statements to the ISST Treasurer annually or as and when requested.
- 4.2.5. The formation of a National or Regional Branch of the ISST must be approved by the Executive Board.

4.3. A National or Regional Society affiliated to the ISST

- 4.3.1. A National or Regional Society (hereinafter referred to as “The Society”) affiliated to the ISST is a separate legal entity from the ISST and manages its own financial affairs according to the laws and regulations of the country in which it is constituted.
- 4.3.2. The Society must have its own constitution that does not conflict in any way with the principles set out in the Statutes of the ISST or with current ISST policies and regulations.
- 4.3.3. The constitution of the Society must include
 - 4.3.3.1. Procedures for the appointment or election of an Executive Committee consisting of a Chairperson, a Treasurer, and a Secretary and such additional members as the Society may determine,
 - 4.3.3.2. A statement on how the finances will be managed and, where appropriate, audited.
 - 4.3.3.3. The name of the Society which need not necessarily include the word “Society” but must include the words “Schema Therapy” e.g. “The X Society of Schema Therapy,” or “The Society of Schema Therapy of X” or some similar name as approved by the ISST Executive Board.
 - 4.3.3.4. A statement of aims that includes the following: a) the promotion of the schema therapy approach to case conceptualization and treatment, as defined from time to time by the ISST, b) the promotion of training in schema therapy according to ISST guidelines, including supervision, presentation of training workshops, basic and advanced, c) the promotion of networking between branch members within the country or region, and d) the encouragement of members to join the ISST.
 - 4.3.3.5. A statement of support for the processes and criteria for certification laid down by the ISST and an undertaking not to offer any training or certification procedures that conflict with those of the ISST.
- 4.3.4. The Society may have its own logo, but it is entitled to use the ISST logo in any setting where it is stated that it is affiliated to the ISST.

- 4.3.5. The Society must, in order to be affiliated with the ISST, apply for that affiliation and the affiliation must be approved by the Executive Board.
 - 4.3.6. The Society must state in its publicity material that it is “affiliated to the International Society of Schema Therapy.”
 - 4.3.7. The Society must have at least 10 full ISST members.
 - 4.3.8. The Society may apply to the ISST for a reduced ISST membership fee for its members.
 - 4.3.9. The ISST may charge an affiliation fee the details of which are subject to negotiation between the ISST and the Society.
5. Any National or Regional SIG or Branch. or a National or Regional Society affiliated with the ISST may apply to the ISST for a change of status should circumstances change. For example, a National or Regional Special Interest Group could apply to convert to become a National or Regional Branch. The application for a change of status must be accompanied by a brief motivation, and the change of status approved by the Executive Board.
 6. Nothing in the above paragraphs is intended to prejudice or hinder negotiations between the ISST and currently existing National Societies with respect to their future relationships with the ISST. The ISST is open to there being other dispensations for regional or National bodies to have a relationship with the ISST and should these be negotiated the regulations in this document can be appropriately supplemented.